



## EXO1000 ExoTech Hard-Shell Disturbance Control Suit Sizing Guidelines

### ***Small / Medium***

#### **Hip, Chest & Shoulder Protection:**

Height Range: < 5'6" (< 168 cm)

Weight Range: < 140 lbs. (< 63.5 kg)

Chest Size: < 40" (< 102 cm)

#### **Forearm Guard**

Wrist to Elbow Length: 14" (35.6 cm)

#### **Shin Guard**

Size Medium - 9" shin portion (ankle to center of knee) and 13¼" total length (23 cm, 33.6 cm)

### ***Large / X-Large***

#### **Hip, Chest & Shoulder Protection**

Height Range: 5'7" – 6'4" (168 - 193 cm)

Weight Range: 140 lbs. – 240 lbs. (63.5 – 109 kg)

Chest Size: 40" - 52" (102 - 132 cm)

#### **Forearm Guard**

Wrist to Elbow Length: 15" (38 cm)

#### **Shin Guard**

Size Large - 10" shin portion (ankle to center of knee) and 14½" total length (25.4 cm, 36.2 cm)

### ***XX-Large / XXX-Large***

#### **Hip, Chest & Shoulder Protection**

Height Range: > 6'4" (> 193 cm)

Weight Range: > 240 lbs. (> 109 kg), *or may be appropriate for shorter height/heavier weight*

Chest Size: 52" + (132 +)

#### **Forearm Guard**

Wrist to Elbow Length: 16" (40.6 cm)

#### **Shin Guard**

Size X-Large - 11" shin portion and 16½" total length (28, 42 cm)

*This is a general guide only. Proper sizing can best be determined by trying on the suit. Contact your Hatch representative to make arrangements.*